


# Young People's Health Resource Newsletter January 2022

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development.

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## YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to find out more about it, please go to [www.yphsig.org.uk](http://www.yphsig.org.uk) and/or follow us on @yphsig

## AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to [www.youngpeopleshealth.org.uk](http://www.youngpeopleshealth.org.uk).

### Disclaimer

*Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content*

## Exciting Opportunities in YPHSIG for medical students

### YPHSIG medical student essay prize 2022

 <https://www.yphsig.org.uk/networking/yphsig-student-essay-prize>

There are three choices of title:

1. What impact can chronic illness have on adolescent development and how can adolescent development effect chronic illness? (1500 words)
2. Case study: the patient that changed my outlook on adolescent healthcare. (1500 words)
3. What are the advantages and disadvantages of digital healthcare for adolescents? (1500 words)

Prizes for this competition are as follows:

First place- £100 cash prize, a ticket to the RCPC 2022 annual conference and a certificate presentation at this event. Two runner up prizes- £25 cash prize and certificate (delivered by post).

Entries must be submitted to [yphsigstudent@gmail.com](mailto:yphsigstudent@gmail.com). **Deadline for essay submission will be the 31st of January 2022 at 23.59.** Please see <https://www.yphsig.org.uk/networking/yphsig-student-essay-prize> for more information

## Opportunities for new YPHSIG Student Representative

YPHSIG is also seeing new medical student reps. If you know anyone who might be interested, encourage them to email and find out more: [yphsigstudent@gmail.com](mailto:yphsigstudent@gmail.com)

## Professional Webwatch

### Decision making and Young People

 <https://apps.who.int/iris/handle/10665/350208>

 <https://apps.who.int/iris/handle/10665/350193>

A tool - "**Assessing and supporting adolescents' capacity for autonomous decision-making in health care settings**" has just been published by WHO with an algorithm as a web annex

### Telehealth and Young People

 [How to plan and conduct telehealth consultations with children and adolescents and their families \(who.int\)](#)

WHO guidance regarding telehealth in child and adolescent health care designed to be used by a wide range of health-care providers. The guidance is intended to be relevant both in countries where teleconsultation is already used and in countries in which teleconsultation systems are being strengthened.

 <https://www.adolescents2030.org/>

Adolescence 2030 is a United Nations initiative with young people, and international agencies calling for adolescent well-being to be made a Sustainable Development Goal priority. To advance the adolescent well-being framework in policies and programmes, key partners are working towards a Global Summit on Adolescent Well-being in 2023. The Summit will drive impact at the country level by serving as a commitment-making milestone for policy shifts, programme redesign and enhanced financial investments for adolescent programmes and services. Please go online and show your support

### Involvement of Young People

[https://hubnanog.ie/participation-framework/?dm\\_i=3YSO,1DMOM,75EU3W,50L0L,1](https://hubnanog.ie/participation-framework/?dm_i=3YSO,1DMOM,75EU3W,50L0L,1)

**The Lundy Participation Model.** The space, voice, audience, influence model adopted by the Irish Government as part of their framework for participation. Includes participation checklists to support planning, evaluation and creating safe spaces.

<https://www.cqc.org.uk/publications/surveys/children-young-peoples-survey-2020>

The 2020 CQC Children and Young People's Survey received feedback about the experiences of 27,374 children aged between 0 and 15, who were admitted to hospital during November 2020, December 2020 and January 2021. This includes responses from 13,261 children and young people aged 8 to 15, who directly gave us feedback about their care. Only 46% of children and young people said they were involved 'a lot' in decisions about their care and treatment.

<https://www.under16cancerexperiencesurvey.co.uk/>

Results of Picker/NHSE & I patient experience survey of under 16 cancer patients now available

## Mental Health and Well being


<https://giveusashout.org/>


Shout 85258 is a free, confidential, 24/7 text messaging support service for anyone who is struggling to cope.


<https://www.youngminds.org.uk/professional/resources/>

Resource pages of Young Minds


## Professional Bookshelf

 Barker R, Hartwell G, Bonell C, Egan M, Lock K, Viner RM. Research priorities for mental health in schools in the wake of COVID-19. *J Epidemiol Community Health*. 2021 Nov 29;jech-2021-217902


 Bolesta S, Berger A, Black E, Greskovic GA, Davis TW. Disease and medication burden of medically complex adolescents seen in an interdisciplinary transitional care clinic. *J Pediatr Rehabil Med*. 2021 Dec 2. doi: 10.3233/PRM-200705. Online ahead of print.


 Castillo J, Fremion E, Morrison-Jacobus M, Bolin R, Perez A, Acosta E, Timmons K, Castillo H. Think globally, act locally: Quality improvement as a catalyst for COVID-19 related care during the transitional years. *J Pediatr Rehabil Med*. 2021 Nov 30. doi: 10.3233/PRM-210119. Online ahead of print.


 Davison G, Conn R, Kelly MA, Thompson A, Dornan T. Fifteen-minute consultation: Guide to communicating with children and young people. *Arch Dis Child Educ Pract Ed*. 2021 Dec 2;edpract-2021-323302. doi: 10.1136/archdischild-2021-323302. Online ahead of print.

 Davison G, Kelly MA, Conn R, Thompson A, Dornan T. How do children and adolescents experience healthcare professionals? Scoping review and interpretive synthesis *BMJ Open*. 2021 Jul 9;11(7):e054368. doi: 10.1136/bmjopen-2021-054368.

 Edens C. Early Sexual Health and Reproductive Implications in Pediatric Rheumatic Diseases. *Rheum Dis Clin North Am*. 2022 Feb;48(1):91-112. doi: 10.1016/j.rdc.2021.09.015.


 Ford T, Degli Esposti M, Crane C, Taylor L, Montero-Marín J, Blakemore SJ, et al. The Role of Schools in Early Adolescents' Mental Health: Findings From the MYRIAD Study *J Am Acad Child Adolesc Psychiatry*. 2021 Dec;60(12):1467-1478.

 GBD 2019 Adolescent Young Adult Cancer Collaborators. The global burden of adolescent and young adult cancer in 2019: a systematic analysis for the Global Burden of Disease Study 2019. *Lancet Oncol*. 2021 Dec 3:S1470-2045(21)00581-7.

 Hertz MF, Kilmer G, Verlenden J, Liddon N, Rasberry CN, Barrios LC, Ethier KA. Adolescent Mental Health, Connectedness, and Mode of School Instruction During COVID-19 J Adolesc Health. 2022 Jan;70(1):57-63.


 Holland JE, Varni SE, Pulcini CD, Simon TD, Harder VS. Assessing the Relationship Between Well-Care Visit and Emergency Department Utilization Among Adolescents and Young Adults. J Adolesc Health. 2022 Jan;70(1):64-69.

 Kahn NF, McCarty CA, Evans YN, Richardson LP. The Parent's Role in Adolescent Care-Seeking: Building Research Evidence to Mobilize This Untapped Resource. J Adolesc Health. 2022 Jan;70(1):5-6. Kahn NF, McCarty CA


 Murphy D, Heary C, Hennessy M, O'Reilly MD, Hennessy E. A Systematic Review of Help-Seeking Interventions for Parents of Adolescents J Adolesc Health. 2022 Jan;70(1):16-27.


 Na I, Van Bulck L, Rassart J, Goossens E, Luyckx K, Van De Bruaene A, Moons P. Absence from work or school in young adults with congenital heart disease: is illness identity associated with absenteeism? Eur J Cardiovasc Nurs. 2021 Dec 2;zvab117. doi: 10.1093/eurjcn/zvab117. Online ahead of print.

 Nagata JM, Bibbins-Domingo K. Cardiovascular Health Screening in Adolescents: Opportunities and Controversies. J Adolesc Health. 2022 Jan;70(1):3-4.


 Overbury RS, Huynh K, Bohnsack J, Frech T, Hersh A. A novel transition clinic structure for adolescent and young adult patients with childhood onset rheumatic disease improves transition outcomes. Pediatr Rheumatol Online J. 2021 Dec 1;19(1):164.

 Scherr KA, Wong CA. Emergency Department Use in Adolescents and Young Adults: The Role of the Well-care Visit. J Adolesc Health. 2022 Jan;70(1):1-2.

 Senders A, Horner-Johnson W. Contraceptive Use Among Adolescents With and Without Disabilities J Adolesc Health. 2022 Jan;70(1):120-126.

 Takeuchi YL, Bonvin R, Ambresin AE. 'Demystifying' the encounter with adolescent patients: a qualitative study on medical students' experiences and perspectives during training with adolescent simulated patients. Med Educ Online. 2021 Dec;26(1):1979445.

 Thind K, Wiedrick J, Walker S, Hasan R. Emergency Department Visits Increase in Transition-Age Patients Empaneled in a Primary Care Network at a Major Academic Medical Center. J Adolesc Health. 2022 Jan;70(1):77-82.

 Van Bulck L, Goossens E, Apers S, Moons P, Luyckx K. Illness identity in adults with congenital heart disease: Longitudinal trajectories and associations with patient-reported outcomes and healthcare use. J Adv Nurs. 2021 Dec;77(12):4743-4754. doi: 10.1111/jan.14949. Epub 2021 Jul 9.

## Training in Young People's Health

 [www.e-lfh.org.uk](http://www.e-lfh.org.uk)

The Adolescent Health programme has been updated! Please continue to spread the word of this amazing resource for individual use as well small group teaching

## Forthcoming Dates for your Diary!

**2022**

<b>January</b>		
<b>25</b>	<b>Centre for Adolescent Rheumatology UCL/UCLH/GOSH</b> 6 <sup>th</sup> Adolescent Rheumatology symposium	<a href="https://www.eventbrite.com/e/6th-adolescent-rheumatology-symposium-tickets-171073343977">https://www.eventbrite.com/e/6th-adolescent-rheumatology-symposium-tickets-171073343977</a>
<b>*NEW* 31 Jan – 3 Feb</b>	<b>UCL ICH Events</b> Introduction to Adolescent Health (face to face; limited to 10 spaces)	<a href="https://www.ucl.ac.uk/child-health/events/2022/jan/introduction-adolescent-health">https://www.ucl.ac.uk/child-health/events/2022/jan/introduction-adolescent-health</a>
<b>March</b>		
<b>*NEW*</b>	<b>Royal College of Emergency Medicine</b> The Forgotten tribe: adolescents in the ED (virtual)	<a href="https://rcem.ac.uk/events/the-forgotten-tribe-adolescents-in-the-ed/">https://rcem.ac.uk/events/the-forgotten-tribe-adolescents-in-the-ed/</a>
<b>20-26 31</b>	<b>International Adolescent Health Week</b> <b>Bristol Royal Hospital for Children</b>  <i>Adolescent masterclass</i> A multiprofessional one day conference	<a href="https://internationaladolescenthealthweek.org/">https://internationaladolescenthealthweek.org/</a>  Opportunities to present project/research with an adolescent focus available during the day. Submit expressions of interest by 16/12/2021.  All bookings and queries to: FacultyOfChildrensNurseEducation@uhbw.nhs.uk
<b>May</b>		
<b>17</b>	<b>Sheffield Transition conference</b> Sheffield Children’s Hospital (virtual)	For further information please contact: <a href="mailto:scn-tr.transitionteam@nhs.net">scn-tr.transitionteam@nhs.net</a>
<b>June</b>		
<b>22</b>	6 <sup>th</sup> National Transition Conference, UK	For more information please contact <a href="mailto:Jacqui.rogers@alderhey.nhs.uk">Jacqui.rogers@alderhey.nhs.uk</a> Abstract deadline 17 Feb 2022
<b>28-20</b>	<b>RCPCH Conference 2022</b> “Connect, Inspire, energise – celebrating Paediatrics and child health Together” Liverpool	
<b>August</b>		
<b>12</b>	<b>United Nations International Youth Day</b>	International Youth Day is commemorated every year on 12 August, bringing youth issues to the attention of the international community and celebrating the potential of youth as partners in today’s global society.

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

*Do you know of any other useful resources or opportunities for professional development in young people's health?*

*If you do, please let us know by email to: [janet.mcdonagh@manchester.ac.uk](mailto:janet.mcdonagh@manchester.ac.uk)*