


Young People's Health Resource Newsletter May 2021

To support professionals involved in the care of young people by signposting useful resources and highlighting opportunities for professional development. Adopted in April 2008 by the Young Peoples Health Special Interest Group of the Royal College of Paediatrics and Child health (www.yphsig.org.uk)

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YPHSIG: Young Persons Health Special Interest Group

Is a group of health professionals within RCPCH but with co-opted members from RCN, RCGP RCP and AYPH creating a focus for professionals within the college working in the field of young people's health? Non-RCPCH members are very welcome to join too. If you are interested in joining YPHSIG and/or would like to

find out more about it, please go to www.yphsig.org.uk and/or follow us on  @yphsig

AYPH: Association for Young People's Health

Is a charity and membership organization creating a focus for all professionals and organizations working in the field of young people's health in the UK? If you are interested in joining AYPH and/or would like to find out more about it, please go to www.youngpeopleshealth.org.uk.

Disclaimer

Resources detailed here have been identified as potentially useful and whilst every care has been taken to ensure that they are appropriate and/or relevant for adolescents and/or their healthcare providers, the author accepts no responsibility for the accuracy or suitability of their content

Young People's Webwatch

MyTransition App

App Store <https://apps.apple.com/ca/app/mytransition-app/id1327036414>


Google Play: <https://play.google.com/store/apps/details?id=ca.CanChild.myTransition>

The app includes tools to help young people describe their health condition, raise important health needs in new situations, and measure skills related to managing their own health.

Key Features:

- **TRANSITION-Q:** a quiz that figures out ways to make the transition to adult care as smooth as possible.
- **MyHealth 3-Sentence Summary:** a way to summarize health information to help you speak with doctors, nurses, or therapists.
- **MyHealth Care Team:** a place to enter contact information for your health care providers.
- **Goals:** a section that allows young people to select items from the TRANSITION-Q to set as goals. It also provides links with tips on how to improve in these areas.

Professional Webwatch

 <https://youngvoicesheard.org.uk/2021/04/18/power-of-youth-challenge-one-year-on/>

Power of Youth Challenge – Young Voices Heard Report Feb-Dec 2020

Feedback from Young Voices Heard following the 2020 #iwill campaign for youth social action which challenged stakeholders and society to “Listen to US, Work with Us and Invest in Us”

Health Transition

 <https://gottransition.org/resource/?telehealth-toolkit-joint-visit-pediatric-adult-clinicians>

Tip sheets from the US Got Transition Website to support virtual transfer visits

Mental Health

 <https://www.moodjuice.scot.nhs.uk/shynesssocialphobia.asp>

Social anxiety is a very real problem for some young people right now - including some young people attending adolescent clinics. Here is a resource recommended by psychology colleagues which might prove useful

Impact of the Covid 19 pandemic on Young people

 <https://www.researchsquare.com/article/rs-451696/v1>

“Will my young adult years be spent socially distancing?”: a qualitative exploration of UK adolescents’ lockdown experiences during the covid-19 pandemic

Pre-print of the results of the TELL study, University of Manchester and Liverpool John Moores University

<https://www.seed.manchester.ac.uk/education/research/impact/teenagers-experiences-of-life-in-lockdown/>

Vocational Outcomes


 <https://www.impetus.org.uk/neet-dashboards>

Youth Jobs Gap – NEET dashboards The *Youth Jobs Gap* research investigates the link between education and employment outcomes. Impetus and the [National Institute for Social and Economic Research \(NIESR\)](#), have analysed the government’s [Longitudinal Educational Outcomes \(LEO\)](#) dataset to uncover the clearest picture yet of employment outcomes for young people.

Professional Bookshelf

-  Beeres DT, Andersson F, Vossen HGM, Galanti MR. Social Media and Mental Health Among Early Adolescents in Sweden: A Longitudinal Study With 2-Year Follow-Up (KUPOL Study). *J Adolesc Health*. 2021 May;68(5):953-960.
-  Borzutzky C. Adolescent Medicine and Pediatric Residency Training: The Value of Collaboration and Shared Educational Resources. *J Adolesc Health*. 2021 May;68(5):842-843.
-  Brandt EJ, Rosenberg J, Waselewski ME, Amaro X, Wasag J, Chang T. National Study of Youth Opinions on Vaccination for COVID-19 in the U.S. *J Adolesc Health*. 2021 May;68(5):869-872.
-  DeJonckheere M, Waselewski M, Amaro X, Frank A, Chua KP. Views on COVID-19 and Use of Face Coverings Among U.S. Youth. *J Adolesc Health*. 2021 May;68(5):873-881.
-  Diller GP, Arvanitaki A, Opotowsky AR, Jenkins K, Moons P, Kempny A, Tandon A, Redington A, Khairy P, Mital S, Gatzoulis MA, Li Y, Marelli A. Lifespan Perspective on Congenital Heart Disease Research: JACC State-of-the-Art Review *J Am Coll Cardiol*. 2021 May 4;77(17):2219-2235.
-  Edelson HC, Patterson S, Addison-Holt S, Greenberg KB, Gooding HC. Evaluation of One Program's Use of the Society for Adolescent Health and Medicine Resident Curriculum. *J Adolesc Health*. 2021 May;68(5):1006-1010.
-  Ford T, John A, Gunnell D. Mental health of children and young people during pandemic *BMJ*. 2021 Mar 10;372:n614. doi: 10.1136/bmj.n614.
-  Forsyth RJ. Tics, TikTok and COVID 19. *Arch Dis Child*. 2021 Mar 12:archdischild-2021-321885. doi: 10.1136/archdischild-2021-321885. Online ahead of print.
-  Gorter JW, Amaria K, Kovacs A, Rozenblum R, Thabane L, Galuppi B, Nguyen L, Strohm S, Mahlberg N, Via-Dufresne Ley A, Marelli A; CHILD-BRIGHT READYorNot™ Brain-Based Disabilities Trial Study Group; CHILD-BRIGHT READYorNot Brain-Based Disabilities Trial: protocol of a randomised controlled trial (RCT) investigating the effectiveness of a patient-facing e-health intervention designed to enhance healthcare transition readiness in youth *BMJ Open*. 2021 Mar 26;11(3):e048756. doi: 10.1136/bmjopen-2021-048756.
-  Guthold R, Moller AB, Adebayo E, Carvajal L, Ekman C, Fagan L, Ferguson J, Friedman HS, Ba MG, Hagell A, Kohl K, Azzopardi PS. Priority Areas for Adolescent Health Measurement. *J Adolesc Health*. 2021 May;68(5):888-898.
-  Jacob H, Travers C, Hann G. Hospital youth workers for violence reduction. *Arch Dis Child* 2021;106:501-503
-  Klein JD. Adolescent Health Measurement-A Necessary Step Toward Achieving Global Goals. *J Adolesc Health*. 2021 May;68(5):836-839.
-  Robison J, Remy KE. Finding ways for children's doctors to care for big 'Kids' and save adults in a pandemic. *Arch Dis Child*. 2021 Mar 30:archdischild-2021-321628. doi: 10.1136/archdischild-2021-321628. Online ahead of print.
-  Unni Z, Weinstein E. Shelter in Place, Connect Online: Trending TikTok Content During the Early Days of the U.S. COVID-19 Pandemic. *J Adol Health* 2021 May;68:863-868
-  Wheeler R. Gillick's third facet: where the child and the doctor agree on treatment of gender dysphoria. *Arch Dis Child*. 2021 Apr 12:archdischild-2021-321684. doi: 10.1136/archdischild-2021-321684. Online ahead of print.

 Wheeler R. Remote consultations and patient images: actual pitfalls in virtual practice Arch Dis Child. 2021 Apr 14:archdischild-2021-321753. doi: 10.1136/archdischild-2021-321753. Online ahead of print.

 Zainel AA, Qotba H, Al-Maadeed A, Al-Kohji S, Al Mujalli H, Ali A, Al Mannai L, Aladab A, AlSaadi H, AlKarbi KA, Al-Baghdadi T. Psychological and Coping Strategies Related to Home Isolation and Social Distancing in Children and Adolescents During the COVID-19 Pandemic: Cross-sectional Study JMIR Form Res. 2021 Apr 27;5(4):e24760. doi: 10.2196/24760.

Research

 <https://www.commonroom.uk.com>

Common Room is a consultancy led by mental health lived experience, drawing on over 20 years' experience of enabling children, young people, parents and families to have their say so that they can influence commissioning, policy, service improvement and research.

How to manage research and participation projects: The ethics according to young people (January 2021)

Call for submissions "Adolescent and Young Adult Health through a Developmental Lens" special issue in Healthcare journal

Special Issue in Healthcare Journal (Impact factor 1.916) "Adolescent and Young Adult Health through a Developmental Lens" (Guest editors Janet E McDonagh and Albert Farre) Submission deadline November 2021. https://www.mdpi.com/journal/healthcare/special_issues/Adolescent_Young_Adult_Health_Developmental_Lens

Online training Opportunities

<https://www.futurelearn.com/courses/psychological-first-aid-for-children-and-young-people>

Psychological First Aid: Supporting Children and young People . Free online training during emergencis and crisis situations

Forthcoming Dates for your Diary!

2021

May		
5	Royal Society of Medicine and London School of Paediatrics Adolescent Medicine Day	https://www.rsm.ac.uk/events/paediatrics-and-child-health/2020-21/pdp62/
13-14	7th Annual conference on Adolescent Health Translating research into practice Ann Arbor, Michigan, USA	https://www.umhs-adolescenthealth.org/conference/
20	British Society of Rheumatology Developmentally appropriate rheumatology care for young people: transitional care and beyond	https://www.rheumatology.org.uk/events-learning/courses/developmentally-appropriate-care-for-young-people
June		

10	5th Annual National Transition Conference	Contact: Jacqui Rogers, Trust Transition Service Lead Nurse Alder Hey Children's NHS Foundation Trust Jacqui.rogers@alderhey.nhs.uk
15-17	RCPCH Conference and exhibition YPHSIG session date 16 June	https://www.rcpch.ac.uk/news-events/rcpch-conference
July		
5-9	EuTEACH 2021 online summer school	https://www.unil.ch/euteach/home/menuinst/summer-school/apply-for-summer-school.html Spaces limited to approx 25 Registration deadline 31 May 2021
14	Enhancing Adolescent Care and Transition into Adult Services Online 9-530	https://www.sbk-healthcare.co.uk/home/title/2543/nhsconference/enhancing-adolescent-care-and-transition-into-adult-services/
September		
NEW 9	3rd European Symposium on Transition (online)	https://transition-symp.sciencesconf.org/ Abstract deadline for oral communications June 15, 2021
Nov		
19-21	IAAH 12th World Congress Adolescent Health Meeting the challenge of global change Lima, Peru (re-organised from 2020)	http://www.iaah2020congress.org/en hybrid online/on site model abstract deadline 1 May 2021

Also check out: <http://www.youngpeopleshealth.org.uk/events/>

Do you know of any other useful resources or opportunities for professional development in young people's health?

If you do, please let us know by email to: janet.mcdonagh@manchester.ac.uk